



OT FUNCTIONAL ASSESSMENT

Increase capacity and independence, enjoy daily life to the fullest.

OT Functional Assessments can be utilised in a variety of scenarios to assist people with disability to access the supports they need. A comprehensive assessment involves an experienced OT evidencing the impact on function and necessary supports required as a result. Whether for a physical disability or mental health, an OT functional assessment can be used to guide the implementation of supports or ensure appropriate funding for the supports required. Our OT's work in collaboration with other allied health professionals, family, caregivers and support staff to provide a holistic approach to increasing capacity, safety and independence.

When should a functional assessment be completed?

A functional assessment can be indicated across a wide range of circumstances, including but not limited to:

- To evidence impact on function to enable access to the NDIS.
- · Preparation for annual plan review to ensure evidence of necessary supports.
- When there is a change in circumstance that may necessitate a change in funded supports.
- On initial access to the scheme to assist in guiding implementation of funding.
- · To facilitate funding for SIL, SDA or ILO supports

What should a functional assessment include?

A comprehensive functional assessment is best undertaken in the home, day program, workplace or local community. This is to ensure thorough assessment of the client's individual needs to identify their tasks of daily living, level and frequency of support requirements. Engagement and collaboration with other parties and completion of standardised assessment tools is also utilised to ensure a holistic approach to assessment and reporting. A good OT functional report is comprehensive yet succinct, evidencing impact on function, required supports and recommendations to build capacity.

